

## Certificate of Analysis

<b>Company Name:</b>	Culture For Good
<b>Product:</b>	Water Soluble Multi-Vitamin
<b>Product Lot Code:</b>	P22B1506
<b>Manufactured Date:</b>	09/2022
<b>Country Manufactured:</b>	USA
<b>Serving Size:</b>	3 Capsules

Testing Specifications and Results			
Product Composition			
Active Ingredients	Specification (mg/serving)	Input (mg/capsule)	Method
Vitamin C (From Amla)(30%)	NLT 90	110.00	By Input
Panmol B-Complex US151	NLT 667	244.45	By Input
Ashwagandha Root Powder	NLT 100	33.33	By Input
Goji Berry Powder	NLT 100	33.33	By Input
Camu Camu Powder	NLT 100	33.33	By Input
Choline (as VitaCholine Choline Bitartrate)	NLT 137.5	114.58	By Input
Enzyme Blend	NLT 15	5.00	By Input
Capsule Analysis			
Parameters	Specification (mg/capsule)	Result (mg/capsule)	Method
Capsule Size	Size 00	Conforms	By Input
Empty Capsule Weight	122	Conforms	By Input
Net Capsule Fill Weight	NLT 750	770	By Input
Gross Capsule Weight	NLT 872	892	By Input
Analyses and Results			
Analysis	Specification	Results	Test Methods
Identity	≥ 90% match to reference std.	New †	FT-IR*
Appearance	Capsules	Conforms	Organoleptic*
Color	Beige	Conforms	Organoleptic*
Odor	Characteristic	Conforms	Organoleptic*
Gluten Allergens (As Gliadin)	NMT 20 ppm	<2.5 ppm	ELISA*
Vitamin B5 (Pantothenic Acid)	NLT 5 mg/serving	5.6 mg/serving	HPLC-DAD*
Vitamin B1 (Thiamin)	NLT 1.2 mg/serving	3.00 mg/serving	HPLC*
Heavy Metals			
Arsenic	NMT 1.5 ppm	<0.001 ppm	ICP-MS*
Cadmium	NMT 4.1 ppm	0.053 ppm	ICP-MS*
Mercury	NMT 2.0 ppm	0.011 ppm	ICP-MS*
Lead	NMT 10 ppm	0.078 ppm	ICP-MS*
Microbial Testing			
Total Plate Count	<10,000 cfu's/g	None Detected	USP<2021>*
Coliforms	<100 cfu's/g	None Detected	AOAC 991.14*
E. coli	None Present	Absent	USP<2022>*
Staphylococcus aureus	None Present	Absent	USP<2022>*
Salmonella	None Present	Absent	USP<2022>*
Yeast and Mold	<1,000 cfu's/g	None Detected	AOAC RI*

Additional Information
<p>* Testing performed by: Analytical Resource Laboratories, LLC ISO/IEC 17025:2017 Accreditation #: 77504</p> <p>† FTIR: New to the system, added sample to the library.</p>